

*Let your spirit set sail*



## Practical advice for your stay aboard the Tall Ship Eye of the Wind and answers to frequently asked questions

### **Your safety**

on board always comes in the first place – not only in this information sheet. At the beginning of every journey a detailed safety briefing will be held by the crew. Individual life-saving equipment (life jackets and survival suits) is available in sufficient quantity. The communication and safety equipment of the ship fulfils international requirements. Every member of the crew has completed special safety trainings. Our travel destinations are selected in a way that a fast and reliable salvage is guaranteed in case of an emergency (with the exception of the Atlantic crossing).

### **Accommodation**

Accommodation is in double cabins, as it is common on sailing ships. All six cabins are comfortably furnished. In addition to toilet, shower, and air conditioning, standard 230 volt power connections are at hand in each cabin. Bed linen and towels will be provided in the cabins. Please expect a restricted range of motion, compared to the everyday situations at home; the storage space for luggage in the cabins is limited, too. You will hardly stay in your cabin during the day, but preferably in the salon or on deck. Upon payment of a surcharge you may stay in a single cabin, if available. If you wish, please contact us in time. → see also **Contact / Luggage**

### **Active participation / previous experience**

Any previous sailing expertise is not necessary for your stay on board. Active participation in the sailing maneuvers is carried out on a voluntary basis and under the guidance of the experienced crew. Climbing harnesses which meet the necessary safety requirements will be provided for climbing up the rigging. All the daily work and routine operations (i.e. shopping, cooking service, cleaning) will be done by the crew. For the typical tasks of daily life on board – from scrubbing the deck to the preparation of meals – it is also true: helping hands are welcome, but your assistance is done voluntarily at any time.

### **Alcoholic beverages**

The consumption of alcohol is permitted on board. People who have consumed alcoholic beverages may – for safety reasons – not clamber aloft in the mast any more. At sea, one must always reckon with unpredictable situations. Therefore, the consumption of alcohol should be done responsibly and in a manageable level. Beer, wine and other alcoholic beverages can be purchased from the bar on board. The drinks consumed are billed at the end of the cruise. Credit cards or other electronic means of payment are not accepted on board.

### **Arrival and departure**

The costs for arrival and departure are generally not included in the tour price. In the individual planning of your arrival and departure, we will be happy to assist you. Please contact us, if required. For the arrival and departure times, please refer to your booking confirmation and boarding pass. These times are mandatory – should you not make it in time please inform the office in Merching or the captain under the numbers written below. You will be informed by e-mail about the precise berth, usually at least two weeks prior to departure.

### **Check-in and Check-out times**

For the arrival and departure times, please refer to your booking confirmation and boarding pass. These times are mandatory – should you not make it in time please inform the office in Merching or the captain under the numbers written below. You will be informed by e-mail about the precise berth, usually at least two weeks prior to departure.

If the check-in time is in the evening hours (usually by 7 pm), then the trip begins with a dinner together on board. → see also **Contact**

### **Children**

There is no age limit to participate in day trips. If you are a family with child(ren) who would like to participate in a longer sailing trip, please contact us. We will advise you regarding our experiences and make recommendations for traveling with children.

## **Clothing**

When sailing, it is important to bring warm and waterproof clothing – also dependent on the seasons. Rainproof and windproof jackets and trousers are beneficial. We also recommend to bring a hat (headscarf, bandana, or cap) as well as anti-slip and waterproof footwear, and gloves. For your own safety, please avoid wearing shoes with pointed or high heels on deck. Aboard a traditional sailing ship, contact of your garments with sturdy materials such as wood, hemp ropes and steel can hardly be avoided. In addition, it is possible that your clothes may have contact with tar, rust or lubricants, because small maintenance or repair work may be carried out by the crew during the voyage. Please choose your clothing accordingly. → see also **Luggage**

## **Connection to the Internet**

In the ports and in coastal waters, the reception is usually good enough for the internet to work on mobile devices. An on-board wireless network or an on-board "internet hotspot" is not available.

## **Day trips**

Regarding luggage, clothing, arrival and departure etc., for the day trips applies the same as for all other sailing trips (please see relevant instructions in this document). Our day trips are usually held without moderation.

## **Food**

Specific food allergies or intolerances (gluten intolerance, lactose intolerance, etc.) can be considered by the galley staff if you forward the corresponding information to us in time.

## **Health**

We recommend to have a private accident and leisure insurance, possibly including some special travel health insurance and medical evacuation insurance. If you are on medication, please bring your medicines in sufficient quantity on board. Inform the captain and the cook about your medical condition (i.e. allergies, diabetics, etc.). A sunscreen with high sun protection factor and possibly a good pair of sunglasses should not be missing in your luggage. If you wear glasses please bring an eyeglass strap to secure your glasses. If you are sensitive to seasickness, we recommend taking vitamin C, preferably in the form of ginger preparations which are available in pharmacies, health food stores or drug stores (note: this is not intended as medical advisor; please pay attention to package inserts and individual intolerances carefully). When traveling outside of your home country, necessary vaccinations must be observed. The ship is not barrier-free (not accessible for people who are dependent on a wheelchair).

Prior to sailing trips, where a port cannot be reached for a period of more than one week, or only under difficult conditions (eg crossing the Atlantic Ocean), a medical certificate must be submitted in advance to check your physical and health conditions. You will receive a leaflet with further information from us. We also recommend a dentist visit before traveling a longer distance.

## **Itinerary / lay days in port / shore leave**

The itinerary and the ports stated in our travel descriptions are optional and may be subject to change upon short notice due to the wind and weather conditions. The course of each day's leg is often decided by the captain on the same day, also – whenever possible – taking into account your wishes and suggestions, too. Since the movement under sail is dependent on the wind direction and wind force, it is inevitable that some sections – sometimes even longer stages – have to be covered under engine. The ship's command seeks to limit the terms of the main engine and the generator to a necessary minimum. As a general rule, there will be sailing time during the day before a berth in port or an anchorage spot will be reached in the evening. During the longer trips (i.e. transatlantic voyages and feeder trips) there will also be night-time sailing (or motoring). Due to a too large draft, in some harbors and bays of the Caribbean and the Mediterranean the ship cannot be moored ashore. In this case the passengers will get disembarked for shore leave by the motorized dinghy. We usually do not offer guided shore excursions; near-shore and on-shore activities need to be planned by yourself.

## **Language on board**

Since the ship is operated by an international crew, all communication will be held in English and German.

## Luggage

Upon your arrival, bed linen and towels will be provided in the cabins. The weight of your luggage should not exceed 20 kg (44 lb) as far as possible. For arrivals by plane please also refer to the baggage rules of the particular airline. If possible, do not use any hard-top cases or bulky luggage, as they may be hard to be stowed in the cabins. Please prefer to use "soft bags" (i.e. traveling bag, sports bag, duffel bag).

Basically, it is advisable to bring only as much luggage with you as necessary. On a sailing cruise you won't need any formal attire. In addition, there is less locker space available than you are used to from home. The following list serves at best as a recommendation, and should be adapted by you depending on the season, the sailing area, and your personal needs.

General baggage	For "warmer" sailing areas	For "colder" sailing areas
✓ Light jacket	✓ Shorts	✓ Wind- and waterproof jacket and pants
✓ Long trousers	✓ Flip-flops / sandals	✓ Waterproof boots or solid trekking shoes
✓ Light sweater	✓ Swimwear	✓ Long trousers (e.g. jeans)
✓ Deck shoes or sports shoes	✓ Bathing shoes	✓ Woolen or fleece pullover / fleece jacket
✓ Shoes for shore leave	✓ Snorkel, fins, mask	✓ Woolen or fleece hat
✓ Socks, underwear	✓ Cap / sun hat	✓ Scarf / bandana
✓ T-Shirts	✓ Sarong	
✓ Nightwear		

### Other objects

- ✓ Sailing gloves (or cycling / half finger gloves)
- ✓ Sunscreen / sunblock (no suntan oil - makes the deck slippery), sunglasses, goggles band
- ✓ Moisturizer, lip balm, and other personal toiletries
- ✓ Own travel pharmacy with medications that are used personally
- ✓ Particularly for trips to the Caribbean: insect repellent
- ✓ Ear plugs
- ✓ Paper copy of your identity card or passport
- ✓ Cash in local currency, for day trips, alcoholic beverages, souvenirs etc.
- ✓ Camera with memory card and battery, if necessary, battery charger, USB flash drive for sharing images
- ✓ Waterproof bag, e.g. for beach excursions by dinghy
- ✓ Small backpack for shore excursions, possibly plastic bag for used clothes

→ see also **Clothing / Health / Travel documents / Accommodation**

## Number of participants

For day trips, sailing trips with overnight stays, and trainings, the maximum number of participants is limited to 12 people.

## Power / electricity / air conditioning / heating

In each cabin standard plug sockets with 230 volts are available. The power supply, air conditioning, and heating system operate independently from the shore power connection, even at sea, during the runtime of the generator (usually for several hours in the mornings and evenings). Leave behind as many electronic devices as you can. You're here to experience the sea, not your screen. Blow dryers, curling irons, and straighteners use more energy than the ship can afford. Enjoy the sensation and look of your hair drying in the breeze, instead.

## Sailtraining

The Eye of the Wind is classified as a traditional Sail Training Vessel by the organisation Sail Training International (STI).

We recommend experienced sailors to participate in one of our longer voyages, where active sail training is practiced, too. During regular operation of the ship there will be no three-watch-system with active participation of our guests.

Sailing on the basis of "hand against bunk" is generally not possible aboard the Eye of the Wind. Young people who are interested in a volunteer program on board, please contact directly to the ship's command or to the ship's office.

→ see also **Active participation / previous experience / Itinerary / Contact**

### **Seminars and Trainings**

Our management seminars, leadership trainings and teambuilding programs usually last three to four days and are characterized by an alternation between theoretical units (in the salon) and practical units (on deck). Regarding luggage, clothing, travel itinerary etc., for the trainings applies the same as for all other sailing trips (please see relevant instructions in this document). You will receive accompanying seminar papers on board.

### **Services and fares**

The fare includes accommodation in a comfortable double cabin, and full board (including all meals, table water / coffee / tea). In the lower salon an extensive library (incl. DVD collection and TV) may be used. Not included in the price are arrival and departure, the fees for a possibly needed entry visa for individual travel destinations, shore excursions and beverages from the onboard bar (softdrinks, beer, wine and spirits on offer). We do not charge you with any additional or hidden costs such as annual club or membership fees, a deposit in the "cash box" for food and marina mooring fees, an additional fee for the ship's cook, a tip for the crew, or even a "diesel package price". All these ship operating and service costs are included in our pricing respectively in the final price. We would like to put emphasis on the remark that we do not go with a frequently changing volunteer crew, but with a permanent crew. The crew consists of captain, mate, engineer, ship's cook and sailors. All crew members are familiar with the ship even in difficult nautical situations, which adds to your personal safety. Our office is operating five days a week (Monday to Thursday 8 am – 5 pm, Friday 8 am – 3 pm, Central European time). → see also **Contact**

### **Smoking**

For safety reasons smoking is strictly prohibited below deck. Smokers may use the designated smoking areas on deck.

### **Souvenirs**

There is a sale of souvenir items (books, clothing, etc.) on board. A payment by credit card or other electronic means of payment is not possible in the gift shop.

### **Travel documents**

Please bring your identity card or passport and boarding pass with you. All passengers who are boarding in the Caribbean have to make sure to bring a passport that is valid for at least six months. Please consider local visa requirements and necessary vaccinations when traveling abroad. Remember to bring your plane, train or bus tickets with you! If you have a miles booklet, bring it with you - you will get a confirmation of nautical miles at the end of the trip. → see also **Insurance**

### **Valuables**

The cabins do not have a personal safe. Cases of theft have never happened on board. Therefore, we practice "open doors" – also for security reasons. As a general rule, please avoid wearing lots of jewelry while sailing.

### **Contact**

Should there be a delay during your arrival or if you have trouble finding the dock, you can reach the ship's crew at the number below. If you need to cancel your participation at short notice, please also inform the ship's office.

Eye of the Wind mobile phone: +49 (0)152 – 09 92 69 40

Ship's office: Phone +49 (0)8233 – 38 12 27  
FORUM train & sail GmbH Fax +49 (0)8233 – 38 19 943  
Mandichost. 18, 86504 Merching, Germany E-Mail [info@eyeofthewind.net](mailto:info@eyeofthewind.net)

### **Business hours:**

Mon – Thu: 8:00 a.m. – 12:00 p.m. and 1:00 p.m. – 5:00 p.m. (Central European time)  
Fri: 8:00 a.m. – 12:00 p.m. and 1:00 p.m. – 3:00 p.m. (Central European time)

[www.eyeofthewind.net](http://www.eyeofthewind.net)

Date of information: March 2024 – subject to modifications

*We wish you a pleasant stay and a memorable journey aboard the Eye of the Wind.*